

## Free Community Seminar For the General Public

### ***Exploring Eight Critical Questions for When Someone You Love Dies***

Tuesday, October 10, 2017

6:30-9:00 p.m.

Doors Open 6:00 p.m.

Presentation 6:30-9:00 p.m.

This compassionate program will provide you support in your personal grief, and also assist participants who want to learn more about helping a family member or friend that is experiencing grief and loss. Don't miss this opportunity to learn from a best-selling author about how to integrate grief into your life, your living, and your loving. If you know anyone who would benefit from this opportunity to embrace hope and healing, please let them know about this program. We look forward to having you, your family, and your friends join us.

Some areas to be discussed include:

- Will I grieve the loss, or will I mourn this loss?
- Will I befriend the feelings that flow from this loss, or will I deny, repress, or inhibit them?
- Will I be a "passive witness" in my grief?
- Will I embrace the uniqueness of my grief experience, or will I assume I mourn like everyone else?
- Will I identify the six needs of mourning and work on them, or will I fall victim to the cliché "time heals all wounds?"
- Will I move toward "reconciliation" of my grief, or will I believe I must come to a complete "resolution" of my grief?
- Will I embrace my transformation from this loss, or will I keep trying to get my old self back?
- Will this loss add to my "divine spark," or will it take away my life force?

#### **Continuing Education Applied For: .2 CEUs/2 CEHs**

Continuing Education Hours for Funeral Directors. The Wisconsin Department of Safety and professional services approves continuing education training for the University of Wisconsin-Green Bay and are accepted by the State of Wisconsin as continuing education credit hours.

**This is a free program. For planning purposes, please register by calling (920) 831-9905 or visiting**

[www.wichmannfargo.com](http://www.wichmannfargo.com)

## Seminar for Professional Staff and Caregivers

### ***The Art of "Companioning" the Mourner: Caregiver Principles to Bring Hope and Healing***

Wednesday, October 11, 2017

9:00 a.m.-3:00 p.m.

Check-In/Continental Breakfast-8:00-9:00 a.m.

#### **Description:**

This workshop will help participants enhance their knowledge and skills related to supporting people experiencing grief and loss. Dr. Alan Wolfelt will explore a "companioning" model of bereavement care that recognizes grief as a normal and necessary process that is fundamentally a journey of the heart and soul. Participants will go away with a wealth of knowledge as they explore the transformative nature of grief.

#### **Program Objectives:**

- Define Five "Special Domains" of the Needs of the Mourner
- Explain the Distinction Between "Companioning" versus "Treating" the Mourner
- Articulate Essential Ingredients of the Caregiver
- Describe Unique Influences on Grief
- Define the Six Critical Needs of Mourning
- Identify a Core Body of Knowledge of the Grief Counselor

#### **Cost: \$95**

Registration fee includes materials, meals (breakfast, lunch and snack) and .5 CEUs/5 CEHs. Advance registration required. **Sorry no refunds. Registration deadline is one week prior to workshop.**

#### **Continuing Education Applied For: .5 CEUs/ 5 CEHs**

Continuing Education Hours for Social Workers, Marriage and Family Therapists, Licensed Professional Counselors and Funeral Directors.

The UW-Green Bay Social Work Professional Program, accredited by the Council on Social Work Education (CSWE), the University of Wisconsin-Oshkosh Department of Professional Counseling, accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and the Wisconsin Department of Safety and Professional Services of Wisconsin-Green Bay and are accepted by the State of Wisconsin as continuing education credit hours.



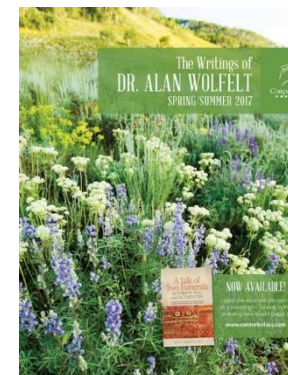
## About Dr. Alan Wolfelt

Dr. Alan Wolfelt is an internationally noted author, educator and grief counselor. He serves as the Director of the Center for Loss and Life Transition in Fort Collins, Colorado and is a faculty member of the University of Colorado Medical School's Department of Family Medicine.

In addition to presenting keynotes and seminars across North America, Dr. Wolfelt is a popular media resource who frequently provides his expertise to many prevalent television shows, newspapers and magazines. He has appeared on the Larry King Show, Oprah Winfrey, NBC Today and Nick News. He is the author of more than fifty bestselling books on grief and loss and was the recipient of the Association for Death Education and Counseling's Death Educator Award.

Visit Dr. Alan Wolfelt's Website:

[www.centerforloss.com](http://www.centerforloss.com)



**A selection of Dr. Alan Wolfelt's Books will be available for purchase during both Seminars.**

**For a full list of books by Dr. Wolfelt, visit:**

<https://www.centerforloss.com/bookstore/>

## Registration

### Personal Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email: \_\_\_\_\_

Organization Name: \_\_\_\_\_

### To Register:

**Registration Deadline is one week prior to workshop**

**Checks payable to: Wichmann Funeral Homes**

By Mail: Wichmann Funeral Homes  
Attn: Wolfelt Seminars  
537 N. Superior Street  
Appleton, WI 54911

By Phone: (920) 831-9905 (Credit Card Only)

By Fax: (920) 831-9910 (24 hours)

In Person: Monday-Friday 8 am-1 pm  
Wichmann Tri-County Chapel  
1592 Oneida Street, Menasha

### Payment:

Check Payable to: Wichmann Funeral Homes

Fee Enclosed: \$95

Check No. \_\_\_\_\_ Check Amount \$ \_\_\_\_\_

Credit Card:  Visa  MasterCard

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_ / \_\_\_\_ 3 Digit (CVV) Code on Back: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Signature: \_\_\_\_\_

**Sorry No Refunds**

### Free Community Resources

[www.wichmannfargo.com](http://www.wichmannfargo.com)

Click on Resources, then AfterCare

### Grief Library

Read over 50 articles written by Dr. Alan Wolfelt on various grief related topics in our Grief Library.

- Helping Yourself Heal When Someone Dies
- Helping Yourself Heal During the Holiday Season
- Helping to Dispel 5 Common Myths About Grief
- The Mourner's Bill of Rights

### Grief Support Groups

Looking for different grief support groups in the area? These support groups are free and open to anyone experiencing grief due to the loss of a loved one.

- General Grief Groups
- Widows/Widowers
- Grieving Parents
- Caregivers
- Veterans
- Children
- Trauma
- Other Supports

### Fox Valley Grief Network (FVGN)

Click on Resources, then Fox Valley Grief Network  
FVGN is a comprised of professionals and non-professionals who journey with the bereaved in the Fox Valley area.  
Groups meets quarterly.

### Upcoming Events

Listing of upcoming free educational programs for the general public and professionals. Some annual programs include:

- Advance Funeral Planning: Lunch and Learn
- Hope for the Holidays
- Hospice Foundation of America Grief Programs
- Understanding Suicide & Grief

### For Current Upcoming Events

Please visit [www.wichmannfargo.com](http://www.wichmannfargo.com), click on Resources, then Upcoming Events

## Grief and Healing Seminars with Dr. Alan Wolfelt

Author-Educator-Grief Counselor



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***Exploring Eight Critical Questions for  
When Someone You Love Dies***

**Wednesday, October 11, 2017**  
***The Art of "Companionship" the Mourner:  
Caregiver Principles to Bring Hope  
and Healing***

At Liberty Hall  
800 Eisenhower Drive  
Kimberly, WI

### Sponsored by:



### Co-Sponsored by:

ThedaCare at Home Hospice  
University of Wisconsin-Green Bay  
St. Paul Hospice Service  
AseraCare Hospice Foundation  
Prevent Suicide Fox Cities  
Appleton Area School District  
The Center for Suicide Awareness  
Healing Life's Losses